



# NEWSLETTER

HIGHLIGHTS: JSSH and TSSH Ambassador Reports

UPCOMING: APOA Hand and Upper Limb Congress | Certificate Course (Module IV) & Saturday Inter-Hospital Meeting on Hand and Wrist arthritis |

## Japanese Society for Surgery of the Hand (JSSH) Ambassador Report – By Michelle Lee



It was my honour and pleasure to be selected as the HKSSH-JSSH Ambassador 2024. Japan is a city known for its meticulous attitude, respect to fine details, conscientiousness and grit for any task they are devoted to. These excellent qualities of the Japanese were vividly witnessed throughout this educational exchange trip to Japan.

The programme of my ambassadorship consisted of 3 days of hospital attachment and 2 days of Congress. The first day of my attachment is at Osaka Ekisaikai Hospital. I was welcomed by Dr Hiroyuki Gotani and his team. Dr Gotani is a renowned microvascular surgeon in Japan. He was the President of Annual meeting of Japanese Society of Reconstructive Microsurgery in 2018 and the Vice president of Japanese Society of Reconstructive Microsurgery since 2017. His mastery was soon displayed with two emergency replantation cases, which arrived along when he was performing a vascularised bone graft for scaphoid non-union.

On the second day, I went to Higashiosaka City Medical Center hospital. I met Tadanobu Onishi, who was the HKSSH-JSSH ambassador at the 36th HKSSH Annual Congress 2024. Together, we did a case of TFCC capsular repair. On the 3<sup>rd</sup> day, I went to visit another expert, Professor Keiji Fujio at Osaka Global Orthopaedic Hospital. We were warmly welcomed by Dr Fujio and his team. In the operating theatre, he shared with me some tips and tricks on first CMCJ arthroscopy, partial trapeziectomy and tightrope.

*Dr Gotani and his team*



*Dr Fujio and his team*



25-26th April was the 67th Annual Meeting of the Japanese Society for Surgery of the Hand (JSSH). It took place at the Nara Prefectural Convention Center. It was a massive and grand arena. The congress comprises of more than 10 concurrent sessions. Although the local presentations were done in Japanese, the slides were in English and easily comprehended. The Congress Dinner took place at the Nara Hotel. During the Congress, I was blessed to meet a lot of renowned Japanese Hand masters. Overall, the ambassador week was a fruitful and incredible experience for me. I am thankful to be able to participate in such a prominent meeting and meet so many experts and friends.



## Taiwan Society for Surgery of the Hand (TSSH) Ambassador Report – By Dr Emily Yip

It was my honor to be selected as the ambassador of HKSSH to attend at the Taiwan Society for Surgery of the Hand (TSSH) Annual Congress on 4-5<sup>th</sup> May, 2024 in Kaohsiung, Taiwan and joined the one week travelling fellowship program organized by TSSH on 6-10<sup>th</sup> May, 2024.

The TSSH congress was a wonderful opportunity to exchange our knowledge with neighbor hand societies. This year JSSH was the guest society of TSSH and I had the chance to listen to lectures by Prof. Norimasa Iwasaki, Yukichi Zenke, Souya Nagao, Satoshi Ichihara, Shiro Yoshida and also Prof. Dong Chul Lee from KSSH. I also met other ambassadors from Korea and Japan and had made friendship with many Taiwan energetic hand surgeons.

The hand surgery practice and culture in Taiwan is similar to Hong Kong, yet some centers have more experience in upper limb bone and soft tissue trauma management and nerve transfer such as anterior interosseous nerve transfer in severe ulnar nerve palsy.

I was enlightened by Prof. Yin-Chih Fu, president of TSSH, on his team work and success on hand composite tissue allotransplantation, with comprehensive preparation, education and simulation practice in the animal laboratory.

Following the congress, I spent one week for hospital visits to Kaohsiung Chang Gung Memorial Hospital, Kaohsiung Municipal Datong Hospital and Kaohsiung Veterans General Hospital. I valued the surgical observation and in-depth discussion with Dr Chun-Yu Chen on WALANT surgery for distal radius fracture fixation, Dr Johnson Yang on advanced lymphedema surgery and Prof Yin-Chih Fu on the innovation of carpal tunnel surgery instruments.

I really encourage HK hand surgeons to join TSSH-HKSSH ambassadorship program in the future. The location is convenient, Taiwan people are friendly and we can communicate well in Mandarin, and you will enjoy much by their warm hospitality and friendship.



*TSSH congress with Japanese and local speakers.*



*Visit to Kaohsiung International Supermicrosurgery Lymphedema Center and Training Center with Dr. Johnson Yang and his fellows.*



*Presentation to local doctors at Kaohsiung Chang Gung Memorial Hospital during the hospital visit.*



*Warm hospitality by TSSH organizing committee and local expert hand surgeons.*



HKSSH Certificate Course (Module IV) and Saturday Inter-Hospital Meeting

Date: 28<sup>th</sup> September 2024

Time: 10:30-13:00 (After Saturday Inter-Hospital Meeting)

Venue: Queen Elizabeth Hospital

Topic: Hand and Wrist Arthritis

Certificate course is held twice a year to enrich and refresh our knowledge in hand and microvascular surgery. All doctors, nurses and therapists are welcomed to join. This time, we would be talking about **Hand and Wrist Arthritis**.

Combined APOA Hand & Upper Limb Society 2<sup>nd</sup> Meeting and 37<sup>th</sup> HKSSH Annual Congress

Date: 28<sup>th</sup> Feb – 1 Mar 2025

Venue: Hong Kong Academy of Medicine

Theme: **Embracing Timeless Classics, Navigating New Challenges**



QR code for registration:



<https://apoahuls2025hk.com>

## HKSSH Memberships

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Memberships of HKSSH runs in biennial terms. The current term of membership is 2023-2024. The new term of membership 2025-2026 would be launched from Jan 2025. Please grasp the chance to be our member. You would be eligible to apply for various scholarships from our society once became our member, and could enjoy a discounted rate when applying for our certificate courses and congresses. For application details and payments, please refer to our website. You can now apply through our online application form! Full members are eligible to apply for Life Membership after they have been paid-up full members for at least 4 consecutive years. For life members, if you have changed your personal particulars eg email/phone number, please login to members' area to change your information or send an email to our secretariat at [hksshsecretariat@gmail.com](mailto:hksshsecretariat@gmail.com).

## Lam Cho Yee Scholarship 2025

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Dr. Lam Cho Yee Memorial Scholarship would be open for application from 20 August 2024 to 23 December 2024. The scholarship aims at providing a one-off financial support of HKD 10000 to local young hand surgeons who intend to have overseas visit outside Hong Kong in the interest of academic activities pertained to Hand Surgery or Microsurgery applicable to orthopaedic practice. Please stay tuned to our website and email for the application procedure.

### Useful Links:



<https://www.hkssh.org> <https://www.apfssh.net> <https://www.ifssh.info>

Prepared by Dr Michelle Lee, Honorary Secretary 2024-26