



NEWSLETTER

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The 1st Hong Kong Hand Small Joint Arthroplasty Cadaveric Workshop 27 June 2026

The first Hong Kong Small Joint Arthroplasty Cadaveric Workshop was successfully held on 27 June 2026 in the Orthopaedic Learning Centre (OLC) in Prince of Wales Hospital. We were honored to have invited Dr Daniel Herren from Switzerland, and Dr Eva Maria Baur from Germany, as well as local experts to share their experience on small joint arthroplasty in the hand with us. Each participant was given the opportunity to have a go at performing the TOUCH CMCJ Arthroplasty on a cadaver. The invited speakers and instructors shared the surgical tips and tricks on different approach to the finger joints, as well as their experience on small joint arthroplasties with the participants. Dr Jeffrey Koo talked about the management of hand fractures. Participants were also able to try the plates and implants on the cadavers. It was a fruitful day of education and hands-on work for everyone.



USG-guided Surgery in Hand, Wrist and Elbow Cadaveric Workshop 28 June 2026

The USG-guided Surgery in Hand, Wrist and Elbow Cadaveric Workshop was held on 28 June 2026 in the Orthopaedic Learning Centre (OLC) in Prince of Wales Hospital. Dr Yasuaki Nakanishi from Japan shared his expertise and techniques with participants on USG-guided hand surgeries. Dr Alex Ng gave a lecture to highlight the sonographic parameters of carpal tunnel syndrome. Dr Michael Mak shared his experience on MIS knife on soft tissue releases. Participants were able to practice these skills on the cadavers afterwards.



2026 HKSSH-JSSH Scholar Report – Dr Amanda Slocum

I had the privilege of participating in the HKSSH-JSSH ambassadorship program in 2026 recently. My trip started with a hospital visit at the Kurume University Hospital on 6 April 2026. Dr. Shiro Yoshida and his team welcomed me and 2 other Taiwanese ambassadors to his hospital. We got to see him perform an arthroscopic 1st carpometacarpal joint trapeziectomy and suspensionplasty, as well as an arthroscopic TFCC repair and DRUJ arthroscopy. He shared a nifty trick on how to establish the viewing portal for the DRUJ scope more effectively by first using the direct fovea portal as the viewing portal and “following the light” to mark the DRUJ portal with a needle. We also got to visit a park nearby their hospital which had beautiful cherry blossom trees in full bloom. In the evening, we had an international mini conference with his team where we each presented on a topic and shared a lot about the differences in hand surgery practice between Japan, Hong Kong and Taiwan.



The next day, we took a train to Kitakyushu to visit Professor Yukichi Zenke and his team at the University of Occupational and Environmental Health Hospital. We were given a small tour of the area, which is the 2nd largest city in Fukuoka prefecture and located at the northernmost tip of Kyushu island. We got to visit the seaside as well as the seafood market nearby. We participated in a conference meeting together with his team members where we each presented on a topic and had many interesting discussions and shared some newfound knowledge. For example, we learned that there is a popular vascularised bone grafting technique in Japan now, called the Makino technique, in which the bone graft is harvested from the 2nd metacarpal base. The next day, we got to watch Professor Zenke perform a CLAP (Continuous Local Antibiotic Perfusion) surgery for a patient with chronic tibial osteomyelitis. It was an eye-opening experience for me to see how the system was set up as well as learning about its indications and use. Both Dr. Yoshida and Professor Zenke treated us to delicious dinners together with their teams, on the days when we were in Kurume and Kitakyushu. I'm very grateful for their warmth and hospitality.



2026 HKSSH-JSSH Scholar Report – Dr Amanda Slocum (continued)

On 9 to 10 April 2026, I participated in the JSSH meeting in Fukuoka. They had 10 rooms running concurrently, including many English-speaking sessions with international speakers. I presented my topic about synovial osteochondromatosis of the elbow in one of those sessions, and learned a lot from the others. On my last day in Fukuoka, we had dinner on a boat which cruised along the river cutting across Fukuoka city. It was a fun and educational experience, and I got to make many new friends from this trip. I'd like to end my sharing with a huge thank you to the HKSSH for giving me the chance to participate in this program and I'd like to e

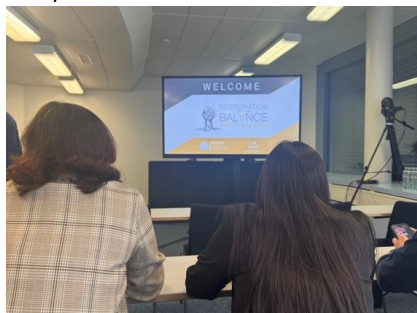


2026 Lam Cho Yee Scholar Report – Dr Karen Ng

It is my honour to be awarded the 2026 Lam Cho Yee Scholarship this year and so I have the opportunity to participant in the FESSH-EFSHT Congress 2026 held in Basel, Switzerland.

I participated in the congress from 4th – 6th June, 2026. Not only did I have the chance to attend different presentations by hand surgeons over the globe, they also offered me various free sessions to learn physical examination and join the hands-on ultrasound workshop.

On 4th June, 2026. I joined the workshop on wrist physical examination in the morning, which they taught us the techniques of wrist examination for various pathologies regarding radial or ulnar wrist pain and allowed us to practise with our neighbours. It was a fruitful morning and I reunited with an old friend from the United Kingdom, Dr Stephen Ali, whom I met earlier in the lower limb flap reconstruction course held in Taiwan.



Afterwards I went to attend the discussion concerning “Restoring the Balance of the Wrist – Benefits of Wrist Arthroscopy”. In this sessions, surgeons that supported wrist arthroscopy and those that supported open surgery were separated into two groups and they “battle” on stage to share their opinions on the management of different case scenarios, from SL injuries to TFCC injuries. It was quite interesting to see different surgeons’ view points as there was no absolute right or wrong answers and in our usual practices, we sometimes did both.



2026 Lam Cho Yee Scholar Report – Dr Karen Ng (continued)

During lunch time, I attended the lunch symposia held by Medartis on the topic of plate versus intramedullary screw fixation for hand fracture. As the use of intramedullary screw is getting more and more popular nowadays given its minimally-invasive nature, it was not surprising to see many surgeons were changing their practice. After learning the indications and tips of the surgeries, I think I would also try to use intramedullary screw for fixation in some selected suitable cases. After the lunch symposium came the highlight of the day, which was the talk by Dr Daniel Herren, Dr Frederik Verstreken and Ms Ulla Jörn Good on the topic of “Avoiding imbalance in CMC I arthroplasty: Prevention and Management of Complications”. Our centre had just started doing CMCI-1 arthroplasty since last year and so we were still in the stage of exploring this surgery and were waiting to see the intermedial & long-term outcomes. Therefore it was a great chance to learn from the experts on their experiences of this surgery and the hiccups they had encountered throughout the journey. We could then pay more attention to the potential complications in our subsequent cases and tried our best to avoid it.



Next day (5th June, 2026) morning, I joined the diagnostic ultrasound workshop. It was a fabulous learning experience which we were divided into groups of 3 and got the chance to perform ultrasound on one another under supervision after watching the demonstrations by the experts. We did ultrasound on the wrist for carpal tunnel, extensor compartments and the elbow. Time flew in that morning and I really wished I could have more time to practise. Lunch symposium that day was organised by KLS Martin on the topic of “CapFlex PIP – finding the balance for a real surface replacement”. From indications for PIPJ surface replacement to how to handle conditions with significant bone loss, Dr Daniel Herren, Dr Duncan Avis and Dr Stephan Schindele shared their expert opinions with illustrations of different cases. This talk helped improve our understandings on the implant and its applications.



On the last day (6th June, 2026) as it is only a half day programme, I grabbed the chance to listened to the free paper presentation on tetraplegia/spasticity. It was a brand new area to me as in my centre we had not yet started treating these patients surgically. Not only did I learn about different flexion deformities, I also learned different treatment modalities ranging from nerve transfer, distraction histiogenesis to tendon transfer. Besides from the above, this congress was not just an academic meeting but also a big social gathering event that we got the chance to reunite with our old friends and meet new facies from different parts of the world.



At last, I must thank you HKSSH for providing me this precious opportunity to participate in this congress as it was definitely an eye-opening experience to me and I wish I can be the one presenting next time!

UPCOMING EVENTS

Hand and Wrist Fracture Fixation Workshop

Venue:
Stryker APAC Training Centre,
9th Floor, 12 Taikoo Wan Road,
Taikoo Shing, Hong Kong

Date:
23rd August, 2026

Time:
09:00 – 12:30

Registration Fees:
\$200 member early bird
\$300 non-member early bird
\$320 member regular
\$420 non-member regular

Early bird deadline:
31st July 2026

CME points:
pending

PROGRAM

- Management of complex hand and wrist fracture
- Hands-on workshop on hand and wrist fracture fixation:
 - Ext Fix for distal radius fracture
 - Ext Fix for hand fractures
 - Distal radius Column specific plate
 - Fingers and metacarpal plate

REGISTER NOW!

Registration Link:

<https://forms.gle/NvWwwnSp78kfa519>



Organizer:
The Hong Kong Society
for Surgery of the Hand



HKSSH

Hand Preparatory Course for FRCS Exam 2026

Simulated Viva Sessions

✓ Topics: all you need to know in hand surgery



Participants:

- ✓ 36 candidates (Max)
- ✓ Only for 2026 Exit exam candidate



Date: 23rd August, 2026



Time: 09:00 – 17:00



Venue:
Stryker APAC Training Centre,
9th Floor, 12 Taikoo Wan Road,
Taikoo Shing, Hong Kong.



**Lunch, Snacks, Drinks
included**

Registration Fees:

- **\$600** (Member Early Bird)
- **\$700** (Non-member Regular)
- **\$720** (Member Regular)
- **\$820** (Non-member Regular)

**Early Bird
Deadline:
31st July,
2026**



CME:
Pending



Enquiry:
hksshsecretariat@gmail.com



International Conference of Chinese Rheumatologists ICCR 2026

28-29 November 2026
CORDIS, Hong Kong (Mong Kok)

CALL FOR ABSTRACTS

- Best Presenter Awards & Outstanding Abstract Awards with cash prize will be granted for recognition of the outstanding and original research
- Accepted abstracts will be published in *Journal of Clinical Rheumatology and Immunology (JCRI)*
- Travel Bursaries will be offered to Top overseas abstract submitters (residing outside Hong Kong) and includes:
 - ✓ Free registration fee
 - ✓ Two-nights hotel accommodation (single use) in designated travel bursary hotel
 - ✓ Reimbursement of round-trip economy class air ticket (US\$500 / US\$700 subjects to flight duration)



CONFIRMED FACULTY

- Zhu Chen (China)
- Hester Ching (United Kingdom)
- Masato Okada (Japan)
- Tsutomu Takeuchi (Japan)
- Michael Wong (Hong Kong SAR)

ABSTRACT CATEGORIES

- Autoinflammatory diseases
- Basic science related to rheumatic diseases
- Behcet's disease and miscellaneous rheumatic conditions
- COVID-19
- Genomics, genetic basis of rheumatic diseases
- Innate and adaptive immunity in rheumatic diseases
- Innovative medical technology (Artificial Intelligence / machine learning)
- Nephrology
- Osteoarthritis, crystal diseases
- Osteoporosis, metabolic bone diseases
- Rheumatoid arthritis
- Spondyloarthritis, psoriatic arthritis
- Systemic lupus erythematosus, Sjögren's syndrome, antiphospholipid syndrome
- Systemic sclerosis, myositis
- Systemic vasculitis
- Telemedicine

**Deadline for Abstract Submission:
1 September 2026**

**Deadline for Early Bird Registration:
29 October 2026**



**Abstract Submission
Portal**

For enquiry, please contact the ICCR 2026 Secretariat by email: iccr2026@hkssh.hk

We are excited to announce that HKSSH will be a supporting organiser of the International Conference of Chinese Rheumatologists (ICCR 2026) on 28-29 November 2026 at the Cordis Hotel Hong Kong (Mong Kok). HKSSH members can enjoy complimentary registration, limited to 5 spots on a first-come, first-served basis. Interested members can register for the complimentary seats by sending an email to hksshsecretariat@gmail.com.

For more details about the symposium, please visit: <https://www.iccr.hk/2026/>

UPCOMING EVENTS



The 64th National Congress of the Italian Society of Hand Surgery, titled "Hand Surgery and Microsurgery: The Evolving Hand", will take place in Verona from 15 to 17 October 2026/ HKSSH would be one of the guest societies. We would like to invite all HKSSH members to participate in the congress. The registration fees and congress dinner would be covered for all HKSSH delegates. Please do not hesitate to show your interest and join the congress. Interested parties please contact our secretary with your preferred topic of presentation and CV.

More details:

<https://www.giuliettaeromeo.it/en/events/64-national-congress-sicm-2026-verona>



Korean Society for Surgery of the Hand - 44th Annual Congress would be held in CHA BIO Complex on 31 Oct 2026 to 1 Nov 2026. The HKSSH-KSSH Ambassadorship is now open for application to all HKSSH members. For details, please refer to the application form and announcement on our website.



2026 HKSSH-BSSH Travelling Fellowship is now open for application. It offers a unique opportunity for fellows to visit UK facilities in the week leading up to the BSSH Scientific Meeting 2026, scheduled for November 4-6, 2026, in Edinburgh, the United Kingdom. For details, please refer to the application form and announcement on our website.

HKSSH Memberships

Memberships of HKSSH runs in biennial terms. The current term of membership is 2025-26. Please grasp the chance to be our member. You would be eligible to apply for various scholarships from our society once became our member, and could enjoy a discounted rate when applying for our certificate courses and congresses. For application details and payments, please refer to our website. You can now apply through our online application form. Full members are eligible to apply for Life Membership after they have been paid-up full members for at least 4 consecutive years. For life members, if you have changed your personal particulars eg email/phone number, please login to members' area to change your information or send an email to our secretariat at hksshsecretariat@gmail.com.

Useful Links:



<https://www.hkssh.org>



<https://www.apfssh.net>



<https://www.ifssh.info>