



# NEWSLETTER

## Highlights

- HKSSH Hand Preparatory Course for FRCS Examination 26 July 2025
- Saturday Interhospital Meeting 6 Sep 2025
- Certificate Courses in Hand and Upper Limb Surgery Module VI 6 Sep 2025
- 40<sup>th</sup> Anniversary of the Hong Kong Society for Surgery of the Hand

## Upcoming

- The Hong Kong Orthopaedic Association (HKOA) 45<sup>th</sup> Annual Congress 1-2 Nov 2025
- BSSH & BAHT Combined Autumn Scientific Meeting 27-28 Nov 2025 (Birmingham)
- APFSSH-FESSH Academy Foundation Course 4-6 March 2026 (Hong Kong)
- 38<sup>th</sup> HKSSH Annual Congress 7-8 March 2026

## HKSSH Hand Preparatory Course for FRCS Examination 26 July 2025

Simulated Viva Sessions

Topics - All you need to know

### HKSSH Hand Preparatory Course for FRCS Exam

**Instructors:**

**YY Chow**

**WC Wu**

Esther Chow

Edmund Yau

Emily Yip

Michael Mak

Michelle Lee

Michelle Li ... and more



This is the first year HKSSH launched a preparatory course for FRCS examination. There were more than 30 candidates and the response was positive. We were honoured to have invited Dr WC Wu and Dr YY Chow to enlighten this year's examination goers with a huge and diverse bank of viva questions and scenarios. We would also like to thank all other Council members and keen fellows who helped in the success of the course. Last but not least, we wish all the candidates success in the coming examination.



**Saturday Interhospital Meeting and Certificate Course Module VI 6 Sep 2025**



The theme of the Meeting was Unusual Carpal Fractures. Cases from different hospitals were brought to discussion eg dorsal fracture dislocation of 4<sup>th</sup>/5<sup>th</sup> metacarpal bases and the carpometacarpal joint, volar dislocation, how can we prevent missing such cases at first presentation, strategies to fix hamate fractures..... Trainees, examination goers, fellow and senior hand surgeons input actively in all the cases. The Saturday morning was filled with some very fruitful discussions and debates.



**The Hong Kong Society for Surgery of the Hand  
Certificate Courses in Hand and Upper Limb Surgery  
Module 6: Fractures and Dislocations of Upper Limb**



It was followed by Certificate Course of the HKSSH, Module VI, on Fractures and Dislocations of the Upper Limb. Thanks to speakers from different clusters, we had the chance to share on the management of different hand trauma, such as scaphoid fractures, phalangeal and metacarpal fractures, PIPJ fracture dislocation to complex distal radius fractures. Therapists also highlighted the important role of splintage and rehabilitation in these conditions. The session was wrapped up with a Game Quiz.

**40<sup>th</sup> Anniversary of HKSSH**

# INVITATION

2026 WILL MARK THE 40TH ANNIVERSARY OF THE HONG KONG SOCIETY FOR SURGERY OF THE HAND. TO CELEBRATE THIS SIGNIFICANT MILESTONE, WE INVITE HAND SURGEONS TO COME TOGETHER AND SHARE INTERESTING, MOVING, AND INSPIRING STORIES FROM THEIR EXPERIENCES. THESE STORIES MIGHT INCLUDE UNFORGETTABLE SURGICAL MOMENTS, TOUCHING PATIENT STORIES, IMPACTFUL QUOTES, BEAUTIFUL PHOTOGRAPHS OR PERSONAL FEELINGS AND SHARING, ALL OF WHICH CAN SHOWCASE THE DEDICATION AND REFLECTIONS OF HAND SURGEONS. WE ENCOURAGE YOU TO CONTRIBUTE AN ARTICLE TO THIS COMMEMORATIVE BOOKLET, WITH A WORD LIMIT OF 1,000 WORDS AND NO LOWER LIMIT. WE APPRECIATE YOUR ENTHUSIASTIC SUPPORT, WITH SUBMISSIONS DUE BY DECEMBER 1, 2025.

2026年是香港手外科醫學會成立四十周年的重要時刻。為了紀念這個意義深遠的日子，我們誠邀激發了科外人心靈的手外科醫生，或是一路走來的心血，或是一路走來的心血，或是一路走來的心血。我們期待您能為這本紀念冊撰寫一章，字數不超過1000字，且沒有下限。希望大家能踴躍支持，截稿日期為2025年12月1日。

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手 望

40個觸動人心的手外科故事

40th Anniversary of HKSSH

## LOGO DESIGN COMPETITION

for the 40<sup>th</sup> Anniversary of HKSSH



Congratulations to Dr. KOO Siu-cheong Jeffrey Justin for winning the Logo Design Competition for the 40<sup>th</sup> Anniversary of HKSSH. This design would be used for the HKSSH 40<sup>th</sup> Anniversary celebrations.







THE HONG KONG ORTHOPAEDIC ASSOCIATION  
45TH ANNUAL CONGRESS  
香港骨科醫學會第四十五屆週年大會

HKOA 60th Anniversary -  
**FROM ROOTS TO  
INNOVATIVE  
TECHNOLOGIES,  
ARTIFICIAL INTELLIGENCE  
& BEYOND**

HONG KONG CONVENTION  
AND EXHIBITION CENTRE  
香港會議展覽中心

1-2 NOVEMBER 2025  
二零二五年十一月一日至二日


 A circular diagram with a central brain-like structure containing the letters "AI". It is surrounded by various icons representing different parts of the hand and wrist, such as the thumb, index finger, middle finger, ring finger, little finger, wrist, and elbow.



BSSH THE BRITISH SOCIETY FOR  
SURGERY OF THE HAND



baht  
British Association  
of Hand Therapists

**2025 AUTUMN  
SCIENTIFIC MEETING**

27-28 NOVEMBER - BIRMINGHAM, UK



with Guest Society:  
The Hong Kong Society for Surgery of the Hand

[https://www.bssh.ac.uk/about/events/4738/bssh\\_baht\\_combined\\_autumn\\_scientific\\_meeting\\_2025](https://www.bssh.ac.uk/about/events/4738/bssh_baht_combined_autumn_scientific_meeting_2025)

HKSSH would be the guest society of the BSSH Autumn Scientific Meeting 2025. All HKSSH members are welcome to join the meeting. For details please contact our secretary.

### Dr. Lam Cho Yee Memorial Scholarship

Dr. Lam Cho Yee Memorial Scholarship is now open for application until 23 December 2025. The scholarship aims at providing a one-off financial support of HKD 10000 to local young hand surgeons who intend to have overseas visit outside Hong Kong in the interest of academic activities pertained to Hand Surgery or Microsurgery applicable to orthopaedic practice.



**International Conference  
of Chinese Rheumatologists  
ICCR 2025**

22-23 November 2025  
Cordis Hotel Hong Kong  
(Mong Kok)


 A graphic featuring a hand holding a medical instrument, surrounded by various icons representing different medical fields and a grid of colorful squares.

We are excited to announce that HKSSH will be a supporting organiser of the International Conference of Chinese Rheumatologists (ICCR 2025) on 22–23 November 2025 at the Cordis Hotel Hong Kong (Mong Kok). HKSSH members can enjoy complimentary registration, limited to 20 spots on a first-come, first-served basis. A key highlight is the MSK symposium on the morning of 22 November.

For more details about the symposium, please visit: <https://iccr.hk/MSK-Symposium.html>

UPCOMING  
**EVENTS**

**SAVE  
THE  
DATE!**

Organizer:



The Hong Kong Society  
for Surgery of the Hand

[www.hkssh.org](http://www.hkssh.org)



**The 38<sup>th</sup> HKSSH Annual Congress**

# Reconstruction Without Boundaries

Call for Abstracts

**Deadline for Submission: 10 December 2025**



7<sup>th</sup>-8<sup>th</sup> March 2026



Eaton Hotel Hong Kong

380 Nathan Road,

Jordan, Hong Kong



Guest Society:



**BSSH** THE BRITISH SOCIETY FOR  
SURGERY OF THE HAND

**APFSSH-FESSH  
FA Academy**  
FOUNDATION COURSE

co-organised by HKSSH



FESSH

4-6 March 2026

Hong Kong



**395 USD**  
until **28 DECEMBER 2025**

Join the 3 day course with lectures, practicals,  
discussions in small groups with  
experienced international faculty.



The three day course covers the whole  
breadth of hand surgery with lectures,  
practicals and discussion groups. It  
will be held in Innocentre in Hong  
Kong.

It is suitable for senior trainees  
preparing for their board exam, and for  
more experienced surgeons wanting to  
update their knowledge. The course  
has an experienced International  
faculty and is sponsored by our  
Industry partners. It represents  
excellent value for money. Do not miss  
the opportunity and register now.

**REGISTER NOW**

[www.handsurgerycourses.com](http://www.handsurgerycourses.com)  
[apfcongressworks.com](mailto:apfcongressworks.com)

<https://7afgl.r.sp1-brevio.net/mk/mr/sh/6rqJ8GoudeITPxc61oyuW0gejo4/GHBN6YLX5C0d>

## HKSSH Memberships

Memberships of HKSSH runs in biennial terms. The current term of membership is 2025-26. Please grasp the chance to be our member. You would be eligible to apply for various scholarships from our society once became our member, and could enjoy a discounted rate when applying for our certificate courses and congresses. For application details and payments, please refer to our website. You can now apply through our online application form. Full members are eligible to apply for Life Membership after they have been paid-up full members for at least 4 consecutive years. For life members, if you have changed your personal particulars eg email/phone number, please login to members' area to change your information or send an email to our secretariat at [hksshsecretariat@gmail.com](mailto:hksshsecretariat@gmail.com).

### Useful Links:



<https://www.hkssh.org>



<https://www.apfssh.net>



<https://www.ifssh.info>